

Eight TOP TIPS for REVISION

- ◆ Remember the school is here to support you - **ask your teachers for help and advice about how to revise**. You could also approach the Learning Support Department.
- ◆ Try to **write notes as you cover topics in class**, whether electronically or by hand. Flashcards are an excellent method. It is best to do this a few days after you have studied the topic in class. You do this by hand or electronically on websites such as Quizlet.
- ◆ Closer to the exam period, **draw up a revision timetable**, especially for the holiday period before your exams. Make sure you have a list of the topics you need to know for the exams and check them with teachers.
- ◆ As you get closer to the exams, **start answering questions rather than simply reading and highlighting notes**. After all, in the exam you will be asked specific questions, not just told to regurgitate your notes, so the sooner you start doing this, the better.
- ◆ **Tick off what you already know**. Test yourself by reviewing sub-topics in your text book. Tick off topics so that you have enough time to revise the topics you know less well.
- ◆ **Make sure your revision is active!** Turn your flash cards into questions on one side and an answer on the other. You can also use websites such as Quizlet to create and store electronic flashcards. Quizlet will often also have relevant questions that other teachers and students have set, but check that the answers are right!
- ◆ When you come to actually learning the information, short sessions of a maximum of 30 minutes are most effective and it best to **change both subject and topic every session** - "*pick and mix*". This keeps the brain as active as possible. Move around in your breaks rather than remaining seated.
- ◆ **Eat well and sleep regular hours**, remembering to turn off your phone and computer half an hour before bed-time.